



## Pre-Anesthesia Guidelines

The following is only intended as a guide in preparing the patient for surgery. Minimally Invasive Spine Institute may exercise flexibility in requiring more or less testing after assessing the patient.

PATIENTS: Please review the below testing requirements to be completed prior to surgery. Please contact either Minimally Invasive Spine Institute or your physician's office if you have not been informed about the tests you will require. IF YOU DON'T UNDERSTAND THIS FORM OR HAVE ANY QUESTIONS REGARDING IT PLEASE CONTACT US IMMEDIATELY (303-539-2533).

SYSTEM DISORDER/MEDICAL PROBLEM	TEST REQUIRED	TIME LINE
<b>General</b>		
<input type="checkbox"/> Healthy.....	No Tests	
<b>**MANDATORY FOR ALL TLIF (Lumbar Fusions) AND A/P CERVICAL FUSION PATIENTS**</b>		
	<input type="checkbox"/> CBC <input type="checkbox"/> PT <input type="checkbox"/> PTT <input type="checkbox"/> INR	<input type="checkbox"/> 1 month
<b>Cardiac or Vascular Disease</b>		
<b>All BMP require Lytes</b>		
<input type="checkbox"/> Diuretics for any reason.....	<input type="checkbox"/> BMP	<input type="checkbox"/> 2 weeks
<input type="checkbox"/> Hypertensive meds.....	<input type="checkbox"/> EKG	<input type="checkbox"/> 6 months
	<input type="checkbox"/> CBC <input type="checkbox"/> BMP	<input type="checkbox"/> 1 month
<input type="checkbox"/> Hx. Cardiovascular disease, but stable (no dyspnea, angina, CHF)	<input type="checkbox"/> EKG	<input type="checkbox"/> 6 months
	<input type="checkbox"/> CBC <input type="checkbox"/> BMP	<input type="checkbox"/> 1 month
<input type="checkbox"/> Hx. Angina or CHF (dyspnea, orthopnea, pulmonary edema)	<input type="checkbox"/> EKG	<input type="checkbox"/> 6 months
	<input type="checkbox"/> CBC <input type="checkbox"/> BMP	<input type="checkbox"/> 1 month
<input type="checkbox"/> CHF or Angina within 3 months	<input type="checkbox"/> EKG <input type="checkbox"/> CBC <input type="checkbox"/> BMP	<input type="checkbox"/> 1 week
<b>Pulmonary Disease</b>		
<input type="checkbox"/> Unstable (RR>24, productive cough, recent exacerbation, requires O2)	<input type="checkbox"/> CXR <input type="checkbox"/> EKG	<input type="checkbox"/> 6 months
	<input type="checkbox"/> CBC	<input type="checkbox"/> 1 month
<b>Renal Disease</b>		
<input type="checkbox"/> Renal disease/renal insufficiency	<input type="checkbox"/> CBC <input type="checkbox"/> BMP	<input type="checkbox"/> 1 month
<b>Liver Disease</b>		
<input type="checkbox"/> Hx. Hepatitis within 1 year	<input type="checkbox"/> HFP	<input type="checkbox"/> 6 months
<input type="checkbox"/> Hx. Cirrhosis, Jaundice, or active ETOH abuse.....	<input type="checkbox"/> CBC <input type="checkbox"/> BMP <input type="checkbox"/> HFP <input type="checkbox"/> PT	<input type="checkbox"/> 1 month
<b>Hematologic &amp; Bleeding Disorders</b>		
<input type="checkbox"/> Anemia, Hx. Leukemia (stable) or Hx. G.I. bleeding.....	<input type="checkbox"/> CBC w/diff	<input type="checkbox"/> 1 month
<input type="checkbox"/> Active leukemia, lymphoma, chemotherapy or bleeding disorders.....	<input type="checkbox"/> CBC w/diff <input type="checkbox"/> PT/PTT	<input type="checkbox"/> 1 week
<input type="checkbox"/> Anticoagulant Therapy	<input type="checkbox"/> CBC	<input type="checkbox"/> 1 week
	<input type="checkbox"/> PT/PTT	<input type="checkbox"/> 12 hours
<b>Endocrine</b>		
<input type="checkbox"/> Diabetes.....	<input type="checkbox"/> CBC <input type="checkbox"/> BMP	<input type="checkbox"/> 1 month
	<input type="checkbox"/> EKG	<input type="checkbox"/> 6 months
	<input type="checkbox"/> Accucheck	<input type="checkbox"/> Accucheck in pre-c